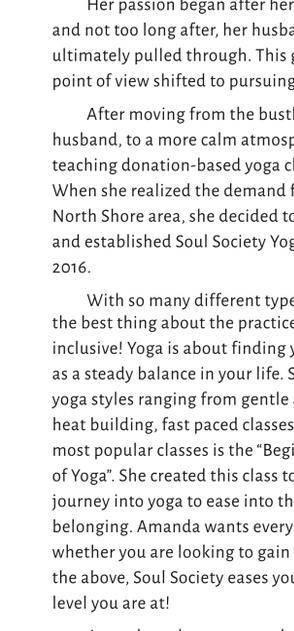


Let to know AMANDA GLOVER YETLEY



Life is short, and Amanda Glover Yetley, the owner and operator of Soul Society Yoga believes you need to do what you love! For Amanda, that love is inspiring others through the mind, body and soul with the practice of Yoga. There are as many types of yoga as there are personality types, so there is a yoga style for everyone!

Amanda has always felt like a spiritual person, and after having her son almost 15 years ago, she knew she wanted to be a stay at home mom. She started teaching Mommy and Me classes with a focus on fitness and personal training. She realized yoga wasn't huge at that time in Austin, but she learned to incorporate it into her classes whenever she had the chance.

Her passion began after her father fought a losing battle to cancer and not too long after, her husband suffered a traumatic brain injury, but ultimately pulled through. This gave Amanda a new outlook on life and her point of view shifted to pursuing her love of yoga.

After moving from the bustling city of Austin with her two children and husband, to a more calm atmosphere along the North Shore, Amanda began teaching donation-based yoga classes at The Old Farm Community Center. When she realized the demand for the yoga classes in the North Shore area, she decided to find her own space and established Soul Society Yoga in November of 2016.

With so many different types of yoga styles, the best thing about the practice is that it's all inclusive! Yoga is about finding yourself as well as a steady balance in your life. Soul Society offers yoga styles ranging from gentle and meditative to heat building, fast paced classes. One of Amanda's most popular classes is the "Beginner's Series – Foundations of Yoga". She created this class to help people who are beginning their journey into yoga to ease into the basics of yoga while feeling a sense of belonging. Amanda wants everyone to feel comfortable in her classes, whether you are looking to gain flexibility, strength, peace of mind, or all of the above, Soul Society eases you into the practice of yoga no matter what level you are at!

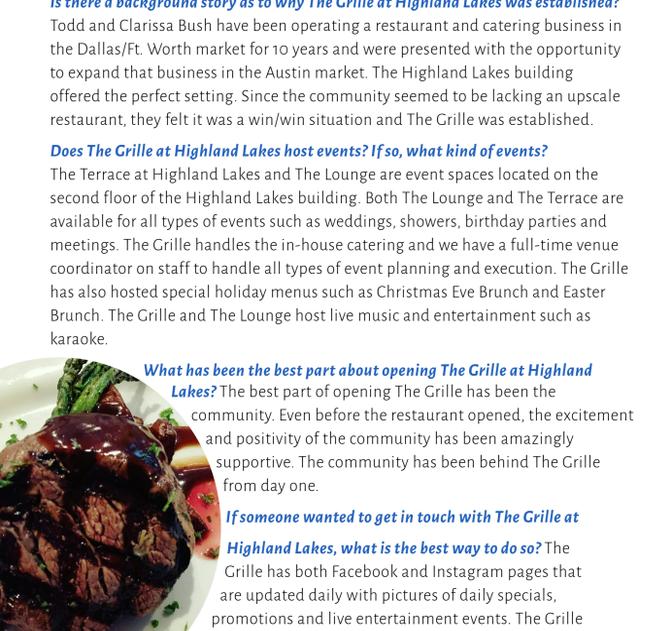
Amanda endures a new adventure everyday, however, one of the greatest challenges of owning her own business is wearing all of the hats. She is currently the owner, bookkeeper, sole instructor, housekeeper, customer service specialist and marketing director. But this does not stop her from pursuing her love of yoga every day! Her passion of helping people evolve both physically and mentally is an inspiring and incredible thing to witness. She is honored to be a part of her clients' life changing journeys.

For more information on Soul Society Yoga and to join Amanda's adventure, you can visit the website SoulSocietyYoga.com.

◦ Namaste ◦

f Find us on Facebook @SoulSociety

Business SPOTLIGHT



Who is the owner/operator of The Grille at Highland Lakes? Todd and Clarissa Bush own and operate The Grille at Highland Lakes as well as the event space on the second floor, The Terrace at Highland Lakes. Todd and Clarissa are originally from Mansfield, Texas.

When was The Grille at Highland Lakes established? The Grille opened its doors on September 28, 2017.

Why was The Grille at Highland Lakes opened? Todd and Clarissa Bush were presented with the opportunity from the owner of the building, Keith Walters with Walters Wedding Estates, to lease the space.

What type of food is served at The Grille at Highland Lakes? The Grille features American-cuisine made to order from fresh, house-made ingredients. The Grille Chefs make everything in-house including dressings and sauces. The Grille features daily lunch and dinner specials and offers a full brunch menu on Sundays. The Grille also has nightly drink specials, such as Margarita Monday, Signature Drink Tuesday, Wine Wednesday and Thursday Draft Night. There is also a "Kids Eat Free Night" on Mondays and live entertainment on our patio and lounge. It's no wonder The Grille has become a Lago Vista gathering place for all to enjoy!

Is there a background story as to why The Grille at Highland Lakes was established? Todd and Clarissa Bush have been operating a restaurant and catering business in the Dallas/Ft. Worth market for 10 years and were presented with the opportunity to expand that business in the Austin market. The Highland Lakes building offered the perfect setting, as the community seemed to be lacking an upscale restaurant, they felt it was a win/win situation and The Grille was established.

Does The Grille at Highland Lakes host events? If so, what kind of events? The Terrace at Highland Lakes and The Lounge are event spaces located on the second floor of the Highland Lakes building. Both The Lounge and The Terrace are available for all types of events such as weddings, showers, birthday parties and meetings. The Grille handles the in-house catering and we have a full-time venue coordinator on staff to handle all types of event planning and execution. The Grille has also hosted special holiday menus such as Christmas Eve Brunch and Easter Brunch. The Grille and The Lounge host live music and entertainment such as karaoke.

What has been the best part about opening The Grille at Highland Lakes? The best part of opening The Grille has been the community. Even before the restaurant opened, the excitement and positivity of the community has been amazingly supportive. The community has been behind The Grille from day one.

If someone wanted to get in touch with The Grille at Highland Lakes, what is the best way to do so? The Grille has both Facebook and Instagram pages that are updated daily with pictures of daily specials, promotions and live entertainment events. The Grille encourages anyone that wants to stay up to date on the menu, specials and entertainment to like the Facebook page @TheGrilleatHighlandLakes. If anyone has any questions about booking events they can e-mail The Grille at catering@thegrilleathighlandlakes.com. For general questions contact General Manager, Ashley Grawe, at (512) 519-9449 or e-mail to ashley@thegrilleathighlandlakes.com.

f Find us on Facebook @TheGrilleatHighlandLakes

Event SPOTLIGHT

We're proud to co-sponsor



Saturday, May 5th - Noon to 9pm
Bar K Park in Lago Vista
www.lagofest.com

When it comes to community celebrations, not many do it better than Lago Vista, where the wildly popular LAGO FEST event continues to draw thousands of residents and guests to the North Shore of Lake Travis each year.

Lakeside at Tessera is thrilled to be one of the Title Sponsors for LAGO FEST, and we are looking forward to taking advantage of the boats, beats, arts and eats that will be available on Saturday, May 5 from noon-9 p.m. at Bar K Park for all to enjoy.

The tagline says it all, boats, beats arts and eats! LAGO FEST 2018 is around the corner and we could not be more excited! Artist from central Texas will tempt you to take home one-of-a-kind pieces of pottery, paintings and uniquely hand-made items!

Get your boogie on with talented bands led by headliner, Asleep at the Wheel, as well as The Nightowls, Drew Womack Band, Jennifer B and The Groove. These bands are sure to get you up and out of your seat for a night full of music and fun! And don't forget to watch the sailboats come in on beautiful Lake Travis. The Austin Yacht Club Turnback Regatta brings sailors racing more than 20 miles away from Turn to Lago Vista. Boats tie right upon the shores of the festival grounds and stay all day. This is a wonderful opportunity to see these gorgeous sails in motion.

Finally, what would LAGO FEST be without food! With Austin being one of the top foodie cities in the country, you can get your grub on with some of the amazing food trucks. From tacos to BBQ and so much in between, you will not go hungry at LAGO FEST.

GET **FREE** FESTIVAL ENTRANCE TICKETS AT **LAGOFEST.COM**

[Click here to get your tickets!](#)

APRIL 2018 - MAY 2018

EVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 8 CAP 10K @ Downtown Austin	9	10	11	12	13 Art City Austin Festival - Palmer Event Center Nick Swardson Comedian Show - Paramount Theatre	14
15	16	17	18 Moohtower Comedy Festival @ The Paramount Theatre	19	20 Austin Reggae Fest @ Auditorium Shores MOJOP Grand Prix @ Circuit of the Americas	21 Monster Jam @ Frank Erwin Center
22 EARTH DAY	23	24	25	26	27 Austin Food + Wine Festival @ Auditorium Shores + Republic Square Park	28 54th Annual Eyoore's Annual Birthday @ Pease Park
29	30	May 1	2 Cine Las Americas International Film Festival @ AFS Cinema	3 Pecan Street Spring Arts Festival @ East Sixth St	4	5 LAGO FEST @ Bar K Park in Lago Vista
6	7	8	9	10	11	12 Finding Euphoria Festival @ Carson Creek Ranch
13 MOTHER'S DAY	14 Alice in Wonderland @ The Long Center	15	16 Celebrating Texas Food @ Capitol Visitors Center	17	18	19

♥ - Lago Vista Farmers Market

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\$407,394

7800 Turnback Ledge Trail
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\$485,038

7519 Pace Ravine Drive
 4BR/3BA • 2,802 sq. ft. • 1-Story

\$319,042

7908 Sunrise Ravine Pass
 3BR/2BA • 1,807 sq. ft. • 1-Story

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Gehan HOMES IS coming soon!